

3 Key Ways to

Support Working Parents

Want to empower parents in the workplace? Audit your policies and programs against this checklist, inspired by our Fall 2020 “The Mom Success Factor: How Moms Make Workplaces Better” live panel.

Inclusive benefits

Does your company offer...

- Wellness room(s) in the office
- Gender-neutral, paid parental leave
- Return-to-work support and programs
- Flexible working hours
- Mentorship programs

Work/life integration

Does your company encourage...

- Weekly team check-ins
- Using full vacation and sick time
- Participation in health and wellness programs (*ex. Talkspace, gym membership reimbursement*)

Empowering employees

Do your employee resource groups...

- Include colleagues from across functions & roles
- Communicate clear missions and visions
- Have a voice at the strategic planning table